



# **The Blossom Method: The Revolutionary Way to Communicate With Your Baby From Birth**

*Vivien Sabel*

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'Ever uttered the words "What do you want?" in frustration to your crying, irritable or fractious baby? Well never again!'- Janette Roberts, author of the *Healthy Parents, Better Babies*

Imagine how much easier life would be if you could talk to your baby and understand his or her emotions, needs and wants. In *The Blossom Method*<sup>TM</sup>, body language expert Vivien Sabel allows you to do just that - through learning your baby's non-verbal communications. With this groundbreaking technique you will be able to meet your baby's needs before he or she cries.

Discover how to:

- Understand your baby's body language and 'tongue talking' signals
- Recognise when your baby is hungry, irritable or ill
- Help your infant feel understood and supported
- Feel less frustration and gain more parenting confidence

*The Blossom Method*<sup>TM</sup> allows you to understand and communicate with your baby from day one, leading to a happy, settled baby and a strong parent-child bond.

#theblossommethod

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