



20 Classic Sportive Rides in South West England (Cycling)

Colin Dennis

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This guidebook explores 20 sportive cycling routes in the best cycling areas of south west England. Ideal for training, the rides range between 59 and 119km (36 to 74 miles) in length, and offer a full range of challenges; from long, fast flat routes, perfect for pacing, to tough hill climbs on the Downs and Moors of the south west.

The 20 sportive routes are found in Cornwall, Devon, Dorset, Somerset, Wiltshire and Gloucestershire, as far north and east as the Wye Valley and Swindon. The range ensures that there is plenty of riding to be found, throughout the region, not to mention the companion Sportives guidebook to routes in England's south east. From the Cotswolds, to Dartmoor, Exmoor, Bodmin Moor, into Wales and the south coast, there are miles of cycle-friendly roads suitable for sportive training. All 20 routes are graded for difficulty and include timings, ascent, food-stops and access information, as well as annotated route maps and clear route descriptions.

Sportive cycling is a growing sport, and this guide provides routes for experienced riders and those new to this sport. Useful information on bike maintenance and equipment, to travelling around the areas with your bike and advice on accommodation is also included. The result is a sportive guidebook that will prepare you for the challenges ahead, and allow you to explore the best cycling the south-west has to offer.

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