



Row for Freedom: Crossing an Ocean in Search of Hope

Julia Immonen

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"When you're in the middle ofthe adventure, you just have to live it. When you're on an expedition, you putyour head down and battle through. Storytelling happens after the finish line.... now that time has come [and] Julia can tell her story. The full story."

—from the foreword by Bear Grylls

An incredible account of one woman's record-breaking row across the Atlantic

Thirty-two-year-oldJulia Immonen and four other women take on a challenge completed by fewerpeople than have climbed Mount Everest or gone into space: row three thousandmiles, unaided, from the Canary Islands to Barbados.

Row for Freedom chroniclesthat dramatic journey, detailing the grueling, peril-filled crossing, which broke two world records, as it weaves together Julia's search for hopeand purpose against a background of relationships scarred by violence.

As Julia's physical andemotional treks unfold, you also learn about the plight of the thirty millionvictims of the modern-day slave trade that serves as the motivation for herrow. Be inspired by Julia's self-discovery and her team's triumph in one of themost formidable physical quests ever undertaken.



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Chris Barrentine:

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Annmarie Windham:

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