

Questions and Answers on Family Health: The Alternative Approach (DK Healthcare)

Jan de Vries



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Questions and Answers on Family Health: The Alternative Approach (DK Healthcare) Jan de Vries This is the handbook for every household and is published in direct response to public demand. In this volume Jan de Vries uses all of his vast wealth of experience to answer hundreds of questions which have consistently been asked of him over the years, from varicose veins to the use of vitamin E, headaches to verrucae, from air and water pollution to ME, candida and other present-day problems. The foreword to this invaluable, easy-to-use reference guide is by Dr Alfred Vogel, author of the million-selling Nature Doctor and himself mentor to Jan de Vries.

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