

FOLK MEDICINE: A Vermont Doctor's Guide to Good Health.

D.C., M.D. Jarvis

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Folk medicine reaches far back in time. It has evolved out of a blend of nature's preventive and curative principles, common sense, and the hard fact that Vermont is climatically one of the most unstable areas in the world. Now the secrets of generations of vigorous, long-lived Vermonters are told by a doctor who knows their amazing results.



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