



Under the Bell Jar: The degree of authenticity in the alienating processes of Sylvia Plath's only Novel

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Sylvia Plath ended her Life by gassing herself in a stove on February 11th in 1963. This is not the most important fact about the poet and yet the best known detail of her life. Since her death, Plath's work and her life have been irrevocably interblended. Thus, she is either interpreted as a courageous but suppressed female writer or as a dark and mentally disordered summoner of death. In either case she had been mystified as a kind of tragic hero and some critics continue with this kind of blind "Plathophilia" (Bachner 2008) until today. Although her artistic work is mainly composed of poems, her only novel will be the object for the following interpretation of the protagonist's alienation in comparison to respective events in the author's life. Being so closely connected it is impossible to reflect on the novel without factoring her life into the described events of alienation in *The Bell Jar*. Thus, after introducing the influencing social circumstances of her time, the paper concentrates on Sylvia Plath's degree of authenticity in her writing. On the basis of these findings, two different stages of the protagonist's alienation are to be developed and afterwards her ambivalent relation towards the opposite sex is being discussed as a major consequence to her schizoid attitudes towards her desired social status. Finally, the analysis deals with Plath's strong symbolism, in which the mirror serves as frequent metaphoric means to illustrate estrangement not only from the outside world, but also from her inner self. Another one, the fig-tree, stands for the inability to decide for a certain way of life. Both are crucial problems of the protagonist Esther Greenwood and it is to examine, in how far they reflect on Sylvia Plath's personal experience. This paper discusses Plath's alienating processes from a rather feminine perspective as the 1950s common American values exerted huge pressure on every member of society, but mostly on women.

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