



Ordinary People As Monks & Mystics: Lifestyles for Spiritual Wholeness

Marsha Sinetar

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Ordinary People as Monks and Mystics presents an outline of wholesome rebellion. It explores key motifs of positive protest as ordinary, self-actualizing adults describe what motivates their quiet, responsible revolt. Here we find mature men and women refusing heartless roles in what seem practical ways... These monks and mystics are surrendering their socially programmed selves to the overarching...law of their being...This means, honoring their authentic selves. - From the Preface. Ordinary People as Monks and Mystics will assist the reader to live a positive life through coming to know oneself and ones place in creation better. It shows how ordinary people can and do inspire others into healthier, more mature choices and behaviors.

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