



Nanny Wisdom: Our Secrets for Raising Healthy, Happy Children--From Newborns to Preschoolers

Justine Walsh, Kim Nicholson

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Two hip child-care professionals, classically trained in the Mary Poppins English nanny tradition, share insider secrets about raising happy and well-behaved children

She's more British than cricket, crumpets, Big Ben, or the Beatles, more admired than the royal family. She's the English nanny, and when it comes to child-raising, there's nothing quite like her. Now, in *Nanny Wisdom*, two hip young nannies combine their classical English training with the day-to-day knowledge they've gained as child-care professionals to offer expert advice on raising healthy, happy, and well-behaved children from birth through the preschool years.

Justine Walsh and Kim Nicholson have been professional nannies for more than a decade, and they have worked with a wide variety of families. Whether it's establishing a schedule to structure your child's day, preparing nutritious and kid-friendly meals, solving a child's sleeping problems, overcoming tantrums, or teaching good manners, these nannies provide loving but no-nonsense guidelines that every parent can follow. The entertaining and extremely readable text is filled with personal stories, sidebars that highlight important advice, and easy-to-prepare recipes. Like having a nanny as part of your household, *Nanny Wisdom* will be a godsend for all parents who want nothing but the best for their children

With expert advice and information distilled from generations of English nannies, updated for the 21st century

Covers all the topics parents are concerned about with newborns and babies, toddlers, and preschoolers
With a positive, loving, sensible approach and friendly tone.

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