



La vie à table à la fin du XIXe siècle: Théorie, pratique et historique de gastronomie moderne (French Edition)

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Extrait : "Les coudes à l'aise. Un air tiède, libres d'arômes inquiétants. Des parfums de fleurs, discrets, invitant les nerf au repos, sans les paralyser. De la lumière. Une chaise large, robuste, sans étoffes. Nul excès d'appétit. L'appétit doit venir surtout par ce que l'on mange ; mais un sincère désir d'apprendre, de goûter, d'apprécier. Nous y sommes."

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