



# Passing for Normal: A Memoir of Compulsion

*Amy S. Wilensky*

Download now

[Click here](#) if your download doesn't start automatically

# Passing for Normal: A Memoir of Compulsion

Amy S. Wilensky

## **Passing for Normal: A Memoir of Compulsion** Amy S. Wilensky

"What I remember even more distinctly than the incidents of cruelty and confusion, intolerance and avoidance--more vividly than standing in front of the mirror watching my head move with no conscious instruction from me--is the strain of trying to conceal my tics and rituals from others, especially those closest to me, my own family most of all."

The provocative memoir of a young woman's struggle to come to terms with a life plagued by irrational behavior.

*I am crazy. But maybe I am not.* For most of her life, this thought haunted Amy Wilensky as she watched her body do things she couldn't control, repeatedly twitching and contorting into awkward positions. Her mind lurched and veered in ways she didn't understand: She felt that she must touch wood at all times to ward off harm, that chewing a wad of stale gum would prevent a plane crash. Why couldn't she throw away meaningless scraps of paper? Why were six-word sentences strangely satisfying?

While Amy excelled in school and led an otherwise "normal" life, she worried that beneath the surface she was a freak, that there was something irrevocably wrong with her. It wasn't until she happened upon the book **The Boy Who Couldn't Stop Washing** after graduating from college that she realized she might be among the approximately 5 million Americans afflicted with Tourette's syndrome and obsessive-compulsive disorder.

**Passing for Normal** is Amy's emotionally charged account of her lifelong struggle with these often misunderstood disorders. A powerful witness to her own dysfunction, she describes the strain it bore on her relationships with the people she thought she knew best: her family, her friends, and her self. Confronting the labels we apply to ourselves and others--compulsive, crazy, out of control--Amy describes her symptoms, diagnosis, and treatment with courage and a healthy dose of humor, gradually coming to terms with the absurdities of a life beset by irrational behavior. This compelling narrative, by turns tragic and comic, broadly extends our understanding of the wondrously complex human mind, and, with subtlety and grace, challenges our notion of what it is to be "normal."

*From the Hardcover edition.*

 [Download Passing for Normal: A Memoir of Compulsion ...pdf](#)

 [Read Online Passing for Normal: A Memoir of Compulsion ...pdf](#)

## **Download and Read Free Online Passing for Normal: A Memoir of Compulsion Amy S. Wilensky**

---

### **From reader reviews:**

#### **Brandi Cardoza:**

Here thing why this kind of Passing for Normal: A Memoir of Compulsion are different and reliable to be yours. First of all reading through a book is good but it depends in the content than it which is the content is as tasty as food or not. Passing for Normal: A Memoir of Compulsion giving you information deeper since different ways, you can find any guide out there but there is no reserve that similar with Passing for Normal: A Memoir of Compulsion. It gives you thrill reading journey, its open up your own personal eyes about the thing that happened in the world which is might be can be happened around you. You can bring everywhere like in park, café, or even in your means home by train. When you are having difficulties in bringing the imprinted book maybe the form of Passing for Normal: A Memoir of Compulsion in e-book can be your alternate.

#### **Lisa Knight:**

The actual book Passing for Normal: A Memoir of Compulsion will bring you to definitely the new experience of reading the book. The author style to clarify the idea is very unique. When you try to find new book to read, this book very suitable to you. The book Passing for Normal: A Memoir of Compulsion is much recommended to you to learn. You can also get the e-book from official web site, so you can more easily to read the book.

#### **Faye Michaels:**

Don't be worry if you are afraid that this book will filled the space in your house, you may have it in e-book means, more simple and reachable. That Passing for Normal: A Memoir of Compulsion can give you a lot of buddies because by you considering this one book you have point that they don't and make you more like an interesting person. This specific book can be one of a step for you to get success. This reserve offer you information that probably your friend doesn't realize, by knowing more than different make you to be great persons. So , why hesitate? Let us have Passing for Normal: A Memoir of Compulsion.

#### **Diana Johnson:**

As a university student exactly feel bored in order to reading. If their teacher expected them to go to the library in order to make summary for some guide, they are complained. Just minor students that has reading's heart and soul or real their pastime. They just do what the teacher want, like asked to go to the library. They go to right now there but nothing reading seriously. Any students feel that studying is not important, boring and also can't see colorful photographs on there. Yeah, it is to get complicated. Book is very important to suit your needs. As we know that on this period of time, many ways to get whatever we wish. Likewise word says, ways to reach Chinese's country. Therefore this Passing for Normal: A Memoir of Compulsion can make you truly feel more interested to read.

**Download and Read Online Passing for Normal: A Memoir of  
Compulsion Amy S. Wilensky #ERWPG0Q76DB**

## **Read Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky for online ebook**

Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky books to read online.

### **Online Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky ebook PDF download**

**Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky Doc**

**Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky Mobipocket**

**Passing for Normal: A Memoir of Compulsion by Amy S. Wilensky EPub**