



Are You Living Or Existing?: 9 Steps to Change Your Life

Kimanzi Constable

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Are You Living or Existing?

9 Steps to Change Your Life

Isn't it time you got started on the road to your dream life? You are not alone in your journey. This book will help you not only get off the starting line and reach your destination.

You want more from your life. You can visualize the life you dream about but may not know how to get there. This book was designed to be a road map to help you make the changes you have dreamed about and make those changes stick. **Life is too short to wait for happiness.** These 9 simple steps will help you take action and claim the life you truly deserve.

Kimanzi Constable lays out this plan with an easy to read style that combines specific advice with anecdotes from his own experience. Kimanzi shares with you his method, his experience, and his advice in an entertaining yet practical guide. The method he describes can be applied effectively to **your specific dream**. Kimanzi has used this same plan to go from a life and work that made him miserable for ten years to becoming a successful international speaker, life coach, and author.

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