



Stunned: The New Generation of Women Having Babies, Getting Angry, and Creating a Mothers' Movement

Karen Bridson

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The antidote to an epidemic among mothers to achieve unattainable standards

The 1970S' FEMINIST MOVEMENT changed a lot for women. It paved the way for a generation of girls who could largely do and be all that the boys could do and be. But now those girls are becoming mothers themselves and realizing things aren't so equal after all. In *Stunned*, journalist Karen Bridson explores how women today may have the right to achieve what their fathers achieved, but are expected to do it while doing most of what their mothers did too. As a result, women are angry about the inequality inside their homes and are beginning to see how sexism beyond the domestic realm has never really been fully erased at all. From grander-than-ever domestic and mothering standards to the financial and professional setback motherhood brings, there's a whole lot leaving women stunned these days.

Stunned is a call to action to women to finish the jobs their mothers' generation started. It's about recognizing that the way things are structured isn't in women's favor—even today—and deciding to do something about it. *Stunned* lets women know they are not alone, that things shouldn't be the way they are, and that change is possible.

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