



The Rule of Saint Benedict

Anthony C. Meisel

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This acclaimed edition of *The Rule of St. Benedict* is a highly accessible modern translation that conveys the spirit and logic of the original text. It contains an invaluable in-depth Introduction that explores the development and spread of Christian monasticism; a biographical sketch of St. Benedict; a discussion of the structure and implementation of his *Rule*; its value and impact on religious orders from the Middle Ages down through history; its tremendous influence on Western culture and civilization; and, finally, various texts of the *Rule*.

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