

On Being a Five Element Acupuncturist

Nora Franglen



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What does it mean to 'be' an acupuncturist? How does a highly experienced acupuncturist view her practice, her patients, and the world in general?

Based on her widely-read blog about the wholeness of life as a Five Element practitioner, Nora Franglen's breadth of interest shows how the curiosity and life experiences of the individual lie at the heart of what makes a true acupuncturist, over and beyond the necessary knowledge and expertise in the technicalities of practice. From her penchant for coffee shops to reflections on challenges she has experienced in the clinic, Nora illustrates how the Five Elements influence, illuminate and, ultimately, enrich all aspects of her life, and vice versa.

With reflections gathered from over several years of posting linked by Nora's commentary, this diary is truly enlightening reading for anyone interested in the inner workings of a practitioner at one with her craft.

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