



Doris Inc.: A Business Approach to Caring for Your Elderly Parents

Shirley Roberts

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Proven strategies for finding balance in your life and career while maximizing the quality of life for an elderly person

When Shirley Roberts' father passed away, her life and career were put on hold as the demands of caring for her elderly mother, Doris, began consuming more and more of her time and energy. Using her business prowess, Shirley, with the help of her financial advisor brother, developed Doris Inc. Using their business skills, they found ways to maintain their own lives and careers while ensuring that their mother received top-notch care. Much of their success has come from sound management practices and an original financial forecasting tool tailored for elders. In this heartfelt, beautifully written book, Shirley offers sage advice on how to cope with the emotional roller coaster of eldercare, along with proven care and financial planning strategies and tools that have worked so well for her.

- Features concrete lessons and proven strategies for handling the challenges of eldercare; making tough decisions, finding help, reducing stressful crises and planning for the high costs of eldercare
- Offers practical guidance to avoid sacrificing your own life while providing the best care for your loved ones
- Tips on confronting and planning for your own golden years to ensure that you'll have a fulfilling life after retirement and that those who'll be caring for you won't be overly burdened



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