



# Diabetes and Health Disparities: Community-Based Approaches for Racial and Ethnic Populations

*Leandris C., PHD Liburd*

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*"What Liburd and colleagues provide in this edition is a framework for all practitioners involved in diabetes prevention and control. The recommendations and tools provided here are key to the success of future research and programmatic efforts."*

-Wayne H. Giles, MD, MS &

Ann Albright, PhD, RD

(From the Foreword)

Type 2 diabetes and its principal risk factor, obesity, have emerged as twin epidemics in communities of color. This book investigates the epidemiology of diabetes in these minority communities, arguing that the determinants of diabetes include not only personal choices, but also broader social and contextual factors, such as community racism, residential segregation, and cultural patterns.

This book includes in-depth analyses of many community-based interventions which serve African-American, Hispanic/Latino American, Asian American, and Native American populations. The author also provides suggestions for community-based initiatives to reduce the "obesogenic" environment many minorities live in.

### Key features:

- Includes effective intervention approaches for prevention and control of diabetes in racial and ethnic populations
  - Explores the influence of institutionalized racism and residential segregation on the emergence of diabetes and obesity
  - Presents extensive case studies detailing the experiences, challenges, and breakthroughs of various community health initiatives and programs

This book will serve as an important resource for professors, students, community leaders, policymakers, health practitioners, and anyone interested in joining the movement to eliminate health disparities and achieve health equity.

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#### **Emanuel Douglas:**

Playing with family in a very park, coming to see the coastal world or hanging out with pals is thing that usually you may have done when you have spare time, in that case why you don't try matter that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Diabetes and Health Disparities: Community-Based Approaches for Racial and Ethnic Populations, you could enjoy both. It is very good combination right, you still need to miss it? What kind of hang-out type is it? Oh come on its mind hangout people. What? Still don't understand it, oh come on its identified as reading friends.

#### **Beverlee Guthrie:**

What is your hobby? Have you heard in which question when you got pupils? We believe that that question was given by teacher to the students. Many kinds of hobby, Everyone has different hobby. So you know that little person such as reading or as studying become their hobby. You must know that reading is very important in addition to book as to be the matter. Book is important thing to add you knowledge, except your own personal teacher or lecturer. You get good news or update about something by book. Different categories of books that can you choose to adopt be your object. One of them is actually Diabetes and Health Disparities: Community-Based Approaches for Racial and Ethnic Populations.

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