

Positive Parenting: Bringing Up Responsible, Well-Behaved and Happy Children

John Sharry

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Raising a child brings many joys but also plenty of challenges! The ups and downs of parenting can push even the most resourceful parent to the limit. Written by established parenting author John Sharry and drawing on the ideas of the award-winning Parents Plus Programmes, Positive Parenting (a revised and updated edition of Bringing Up Responsible Children) aims to help parents raise emotionally secure, happy children who reach their full potential at home and at school. Targeted at parents of primary school age children, Positive Parenting provides a step-by-step guide to solving behaviour and other childhood problems including sibling rivalry, homework hassles, serious tantrums, bullying, poor self-esteem and anxiety.



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