



# Cooking Under Pressure ()

*Lorna J. Sass*

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## Cooking Under Pressure () Lorna J. Sass

From the leading authority on speed cooking comes the groundbreaking cookbook that inspired a generation of cooks—now updated and revised for today's tastes and sleek, ultrasafe machines

From the elegant to the ethnic to the traditional, *Cooking Under Pressure* contains a wealth of flavor-packed recipes for fast, healthy, and delicious meals developed for the modern pressure cooker—a magical appliance that turns out foods in one-third (or less) the standard cooking time without sacrificing flavor or aroma. Lorna Sass introduces us to an eclectic array of dishes that can be prepared on a whim, including classic osso buco (18 minutes), chicken gumbo (9 minutes), and risotto (4 minutes, without stirring!). Even chocolate cheesecake and Grand Marnier bread pudding are done to perfection in short order. Plus, the dramatically shortened cooking times make it possible to prepare cholesterol-free, high-fiber ingredients such as grains and beans at the last minute. The pressure cooker is the cook's best friend!

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#### **Dolores Wade:**

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#### **Mary Bolinger:**

A lot of people always spent their own free time to vacation or perhaps go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or playing video games all day long. If you would like try to find a new activity here is look different you can read any book. It is really fun in your case. If you enjoy the book you read you can spent all day every day to reading a book. The book Cooking Under Pressure () it is quite good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. Should you did not have enough space bringing this book you can buy often the e-book. You can m0ore easily to read this book through your smart phone. The price is not too expensive but this book has high quality.

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