



Brave Mom: Facing and Overcoming Your Real Mom Fears

Sherry Surratt

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In *Brave Mom* Sherry Surratt, president and CEO of MOPS International, shares honestly and openly about the fears every mom struggles with. From worry about your child's safety and health to wondering if you are a good parent, to fears about your marriage and loss of self-identity, Sherry comes alongside every mom with practical, real, and hopeful help for these common fears that we're all afraid to talk about.

Sherry addresses the top ten mom fears and includes stories from real mom and shares the help and answers they have found. Filled with advice and insight from Sherry and the hope and grace found in God's wisdom, *Brave Mom* gives moms everything they need to leave fear behind and live the admittedly messy life of parenting with confidence and joy. Each chapter contains a prayer for moms to turn their fears over to God's protection and care.

As the Mom Experts, MOPS provide moms around the country a connection to other moms, practical help to move ahead, and the warmth and grace of God's love.

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