



Beneath the Surface: My Story

Michael Phelps, Brian Cazeneuve

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Just in time for the 2012 Olympics—prepare to peek into the mind of a champion with this newly updated edition of Michael Phelps' autobiography, *Beneath the Surface*.

In this candid memoir, Phelps talks openly about his battle with attention deficit disorder, the trauma of his parents' divorce, and the challenges that come with being thrust into the limelight. Readers worldwide will relive all the heart-stopping glory as Phelps completes his journey from the youngest man to ever set a world swimming record in 2001, to an Olympic powerhouse in 2008, and the most decorated Olympian in 2012. Athletes and fans alike will be fascinated by insights into Phelps' training, mental preparation, and behind-the-scenes perspective on international athletic competitions. A chronicle of Phelps' evolution from awkward teenager to media-savvy superstar, *Beneath the Surface* is a must-read for any sports fan.

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Casey Reeves:

A lot of people always spent all their free time to vacation as well as go to the outside with them family members or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity that's look different you can read a new book. It is really fun in your case. If you enjoy the book that you simply read you can spent all day long to reading a reserve. The book Beneath the Surface: My Story it is rather good to read. There are a lot of those who recommended this book. They were enjoying reading this book. In case you did not have enough space to develop this book you can buy often the e-book. You can m0ore simply to read this book from the smart phone. The price is not to cover but this book offers high quality.

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