



# The Bullies: Understanding Bullies and Bullying

*Dennis Lines*

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## **The Bullies: Understanding Bullies and Bullying** Dennis Lines

'Dennis Lines shares his deep understanding and illustrates from long practical experience in the field of counselling, bullying and aggression.'

- Educational Review Canterbury Christ Church University, UK Carl Parsons

Is there a particular type of person who becomes a bully? Why do bullies behave like they do? How can we interpret and understand bullying within relationships?

The Bullies attempts to get inside the minds of the bully and victim - the child, the adolescent and the adult - across a wide range of 'closed' situations including the home, school and workplace, prisons and the armed services. By listening to the voices of bullies and victims from all kinds of backgrounds without making judgements, counsellor Dennis Lines provides unique insights into bullying and what makes such domineering and aggressive behaviour so complex. He discusses controversial issues such as genetic predisposition towards abusive behaviour and draws on his counselling knowledge to provide insights on how to understand and treat bullies to change their behaviour.

The Bullies offers a unique and illustrated perspective on a widespread phenomenon, and will be essential reading for psychologists, sociologists, counsellors, teachers, social workers, probation officers, students and researchers.

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