



Hypnotic Gastric Band: How We Lost Over 150 Pounds With The Gastric Band Diet

Sam Milner, Dom Milner

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Hypnotic Gastric Band: How We Lost Over 150 Pounds With The Gastric Band Diet - Just \$2.99 (a real bargain!)

The authors of this **gastric band diet** ebook have lost over 150 pounds. Well actually that is not strictly true it has actually been 168 pounds but 150 pounds sounds so good as a title!

The **gastric band diet** is something that is still fairly unknown to a lot of people. They have not really heard that much about it and it scares them a lot.

So Sam & Dom Milner who have lost loads of weight by following a **hypnotic gastric band** programme are sharing with you their story. How they lost the weight, what they ate, whether a **hypnotic gastric band** is for you or not, why the gastric band diet can be successful and so much more.

It doesn't contain a hypnotic gastric band trance but instead explains what it is like and it is a must read prior to doing the trance. Or as you are following it as someone that has been there and worn the tshirt to support you.

Just imagine a diet were you just make some light adjustments and you can still eat your favourite food. If this sounds like something you would like to try then we suggest you buy the gastric band diet ebook!

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