

# Soul Flight: Astral Projection and the Magical Universe

Donald Tyson



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Forget everything you thought you knew about astral projection and the astral realm. This revolutionary how-to guide by esoteric scholar Donald Tyson represents a theoretical breakthrough on the topic, exploring astral experiences from a quantum perspective. Tyson's compelling theory proposes that the astral plane?a fantastic realm just as real as the physical world?is actually a dimension within our minds.

*Soul Flight* presents a captivating history of astral practice that goes back to prehistoric shamans, medieval witches, Golden Dawn magicians, Spiritualists, Theosophists, and Christian mystics and saints. It reconsiders mysteries both ancient and modern, offering fascinating and credible new insights into the following unexplained phenomena:

- Fairy sightings UFO abductions Shamanic journeys Lucid dreaming
- Near-death experiences Mystical powers of Christian saints and prophets
- Doppelgängers Secret government experiments such as remote viewing

This groundbreaking book features a comprehensive how-to section that presents a variety of techniques and practices for achieving your own astral experiences, such as creating personalized rituals and using astral doorways. *Soul Flight* also reveals everything you need to know about this extraordinary dimension, including the role of astral guides, the importance of psychic self-defense, and etiquette in the astral world.

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