



Fire of the Five Hearts: A Memoir of Treating Incest

Holly A. Smith

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This book is about the influence of twenty years of work in the field of incest on a therapist's professional and personal life. It is comprised of individual cases, and touches upon topics including spirituality, sex between siblings, counter-transference, and incest teams. The author shares, in unadulterated prose, her experience as an incest therapist. This important, courageous work touches upon issues important to and resonant for mental health professionals treating incest and sexual abuse as well as the incest survivor or survivor's family member.



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