



**Functional Dietary Lipids: Food Formulation,  
Consumer Issues and Innovation for Health  
(Woodhead Publishing Series in Food Science,  
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# Functional Dietary Lipids: Food Formulation, Consumer Issues and Innovation for Health (Woodhead Publishing Series in Food Science, Technology and Nutrition)

## Functional Dietary Lipids: Food Formulation, Consumer Issues and Innovation for Health (Woodhead Publishing Series in Food Science, Technology and Nutrition)

*Functional Dietary Lipids: Food Formulation, Consumer Issues and Innovation for Health* discusses this important component of the human diet and the ways it plays an essential functional role in many foods. The book covers the functionality and nutritional benefits of dietary fat in food in terms of formulation, manufacturing, and innovation for health.

After an introduction by the editor reviewing the role of fats in the human diet, the book discusses the chemistry of edible fats, manufacturing issues, including the replacement of trans-fatty acids in food, fat reformulation for calorie reduction, thermal stability of fats, and the flavor and functional texture and melting characteristics of fats in food. Subsequent chapters address the effect of dietary lipid intake on various health issues and the potential health benefits of bioactive compounds in dietary lipids, with final sections discussing issues that affect the consumer relationship with fat, such as regulation, marketing, and health claims.

- Comprehensively examines the functionality and nutritional benefits of dietary fat in food
- Discusses the chemistry of edible fats, manufacturing issues, including the replacement of trans fatty acids in food, fat reformulation for calorie reduction, thermal stability of fats, and more
- Considers manufacturing issues of dietary fat in foods
- Addresses issues affecting the consumer relationship with fat, such as regulation, marketing, and health claims

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Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they performing activity like watching television, gonna beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Might be reading a book could be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled Functional Dietary Lipids: Food Formulation, Consumer Issues and Innovation for Health (Woodhead Publishing Series in Food Science, Technology and Nutrition) can be very good book to read. May be it could be best activity to you.

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