



# El mejor comienzo: El primer año de tu bebé (Spanish Edition)

*Deborah D. Stewart, Linda Ungerleider*

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**El mejor comienzo: El primer año de tu bebé (Spanish Edition)** Deborah D. Stewart, Linda Ungerleider  
New mothers need sound and supportive information on infant care, and this companion book to *Baby & Me* is designed to guide them through the especially difficult experience of dealing with a baby in his or her first year. The reality of giving birth in today's society means shorter hospital stays, which deprive women of sufficient time to learn the ropes of motherhood. Written with care and concern for accessible content, *El mejor comienzo* is an easy-to-use resource during these first crucial months of child development.

*Madres nuevas necesitan información sensata y compasiva sobre el cuidado de bebés, y este manual que complementa el libro Baby & Me se diseña a guiarlas a través de la experiencia difícil de atender al bebé durante su primer año. La realidad de ser madre en la sociedad de hoy significa una estancia más breve en el hospital, que priva a las mujeres del tiempo suficiente para aprender lo básico de la maternidad. Escrito con atención e interés por contenido accesible, El mejor comienzo es un recurso fácil de usar para los primeros meses del desarrollo infantil.*

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